

[2] Case Vignette

16-year-old girl

Chief Complaint: Nightmares, fear of middle-aged men, flashbacks, school absence, depressed mood, self-blame

Past Medical History: None documented

Personal History: The patient is a single child with no apparent perinatal or developmental issues. Her parents did not get along, argued since before she started school, and divorced when she was in second grade. She then lived with her mother, who worked all day and night, so she was frequently left alone at her grandmother's home. She was well-behaved in school, athletic, and seemed to enjoy spending time with her friends.

History of Present Illness: She enrolled in a local public junior high school and joined the basketball club. However, a few months later, she became uncomfortable at the basketball club due to a disagreement among the members. She gradually became depressed, was unable to concentrate on her studies, and her grades dropped dramatically. Her mother reprimanded her on a daily basis for the sudden drop in her grades, and she began cutting her wrists in her room. She spoke with the basketball team's male coach, and after several occasions, the coach began inviting her to his home. Over several visits to the coach's home, she was approached for sexual contact, which led to sexual intercourse. After a sex education class at the end of her first year of middle school, she began to believe she was dirty, but she felt guilty for going to the coach's house on her own and couldn't tell anyone about it. She couldn't say no because she was afraid the coach would abandon her or lower her grades, so she endured sexual abuse until she graduated from junior high. After starting high school, she developed a fear of middle-aged men, nightmares, and depressive moods, and she began self-harming on a daily basis. Her mother, concerned about her frequent absences from school, took her to the doctor.

Mental State Examination: A female of medium height, medium build who appears to be age-appropriate but weak and fragile. She has long sleeves covering her arms and is slumped over, her eyes downcast. She talks about her distress over having vivid memories of the male coach, having nightmares in her sleep, feeling guilty for asking him out, and pleading not to tell her mother about the sexual contact.

Applicants are required to submit an abstract responding to the following questions.

Q1. What is your diagnosis and treatment plan when you see this patient?

Q2. Please describe the current situation of sexual victimization in child, adolescent and youth and the provided medical and welfare support for them in your country.

Q3. Please describe how the interview is designed to the patients with sexual victimization in your country, where the examination itself can lead to "reliving" the damage.