

**[ 3 ] Mental health of the general population under the COVID-19 pandemic:  
including a brief case description**

The COVID-19 pandemic has caused a variety of changes in daily life around the world. The changes in daily life include legally based restrictions such as locking down cities and limiting the number of people at gatherings, and not legally based changes such as recommendation of working from home and discouragement of dining out and traveling.

There have been reports that individuals' mental health has been affected by these changes.

In this symposium, we want to gather knowledge on these restrictions on public mental health so that we can prepare better for future pandemics and other emergencies.

Applicants are required to submit an abstract summarizing the following issues related to psychiatric disorders or psychosocial problems that have increased under the COVID-19 pandemic.

- (1) Give an overview of the COVID-19 pandemic in your country (region).
- (2) Describe the psychiatric disorders and psychosocial problems noted to have increased under the COVID-19 pandemic in your country (region).
  - Psychiatric disorders and psychosocial problems include both children and adults
  - Psychosocial problems may include issues such as suicide, child abuse, domestic violence, etc.
- (3) Case report: 1 case (brief description)