

[2] Mental health of healthcare workers under the COVID-19 pandemic

Treatment and care for the COVID-19 patients caused a huge burden for healthcare workers. In the event of the spread of the infection at a medical/psychiatric institution, responsibility for allowing the infection must have caused an immeasurable burden in addition to the burden to provide treatment. Psychiatric facilities have had to provide support to physical healthcare providers who are treating the COVID-19. Also, psychiatric facilities may have had to provide treatment directly to the COVID-19 positive patients. Thus psychiatry has had a wide range of roles.

In this symposium, we would like to share what kind of support psychiatry has provided to healthcare workers under the COVID-19 pandemic so that we can understand how to provide better support, now and also in the future.

Applicants are required to submit an abstract responding to the following questions.

- (1) Give an overview of the COVID-19 pandemic in your country (region).
- (2) What kind of medical system has been established for the COVID-19 in your country? (e.g., the establishment of a specialized ward)
- (3) Describe a burden and problem among health care workers directly involved in the COVID-19 care in your country. (Occurrence of clusters in hospitals, exhaustion of health care workers, etc.)
- (4) In your country, what kind of mental health care has been provided to health care workers directly involved in COVID-19 treatment? What results have you obtained?